

CLIMBING IN THE CLASSROOM

Games We Play!

The use of a traverse climbing wall within a physical education class opens the door to some stimulating pedagogical situations. One of the aims is to have more time available for motor activities and thus avoid having youngsters sitting around inactive for long periods.

Games involving mobility

Put markers on the wall made of different coloured cardboard in the forms of animals or flowers etc. The markers should be placed at various heights; then ask students to touch them as they pass, using different parts of their bodies (the nose, elbow, knee, etc.,).

Variation No. 1: pass above the blue section, but below the red section.

Variation No. 2: move along the wall carrying something on the head.

Cooperative games

Two by two, attached with a woollen thread, they have to keep moving laterally without breaking the thread.

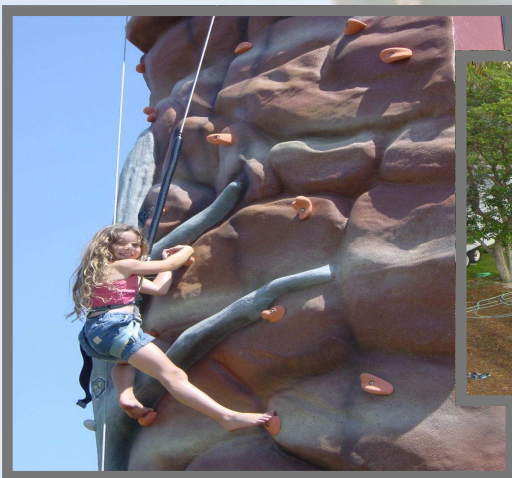
Variation No. 1: Two by two, one student tries to cross the wall while blindfolded, while the other student tries to act as guide by giving verbal directions.

Competitive games

At the signal, two students climb onto the wall side by side and try to remove the scarf that has been previously attached to the other's belt.

Variation No. 1: At the signal, two students climb onto the wall and try to remove a scarf that has been previously attached to a hold on the wall.

Speed races—Using the timers to time climbers racing to the top fastest time wins.



KIWI ROCK CLIMBING

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Your
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